

## Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Life Care Center of Thief River Falls

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Goal: To provide parenting education and services to pregnant and parenting women so as to bring about positive alternatives to abortion in

**Northwest Minnesota** 

For the period/quarter: Quarter 4 April 2017 – June 2017

Activity or Service	Activity or Service Description  Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to grant staff Attend required grant meetings		There has been a few staff conflicts we have had to work through this quarter, but we continue to work together as a team. The ED attended the Spring Grantee Meeting in St. Paul in April.	
Outreach	Community Education and Contact Activities		The Center participated in the Volunteer Fair, setting up a booth to attract potential volunteers for the Center in April. The annual fundraising banquet was held at the end of April. A newsletter was created in May, sent out to subscribers monthly via email. A booth was set up at the Red Lake County Fair at the end of June, to provide community awareness and outreach.	
Pregnancy Testing	Provide pregnancy testing, assessment for program eligibility, and pregnancy counseling.	12	We had 13 pregnancy tests this quarter – 11 positive and 2 negative. The negative tests do not always pull up in our reports; data entry continues to be a struggle.	13

Activity or Service	Activity or Service Description  Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Parenting Education	Assist clients in accessing needed services, provide referrals for clients needing other community resources, enroll clients in program and assess client needs, meet individually with clients to complete assignments	25	135 session were provided this quarter, with 127 of them being EWYL. 42 outside referrals were provided, 11 new clients were enrolled.	135
	Arrange for an outside Infant and Adult CPR and First Aid Trainer to provide 3 CPR and First Aid sessions per year Provide 3 CPR and First Aid sessions for clients per year Provide supplies for CPR class	2	One CPR class was held this quarter, in June with 2 in attendance.	1
Case Management Services	Provide on-going telephone follow-up and/or office appointments for clients testing positive for pregnancy, assess client needs; assist client in accessing services	50	135 office visits were held this quarter and ten visits through the telephone.	135
Material Support	Provide material assistance to women	25	133 visits were made to the Baby Boutique for material assistance this quarter.	133

Activity or Service	Activity or Service Description  Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Transportation Assistance	Provide gas vouchers for clients attending classes; if needed	5	82 gas vouchers were provided this quarter and 4 bus rides.	82
Nutrition	Arrange for a Certified Nutritionist to provide 2 nutrition education sessions per year Provide 2 nutrition education sessions to 6 clients per year Provide incentive items for clients attending nutrition class 2 classes	6	No nutrition classes were provided this quarter.	0
Car Seat Program	Enroll clients in the EWYL program Provide car seat safety education	2	11 new clients were enrolled in the EWYL program and five clients were provided car seat safety education this quarter.	5
Life Skills Educational Program	Enroll clients in EWYL program Provide assistance to clients with developing healthy relationships Provide assistance with money management Provide help with job assistance	4	Developing healthy relationships was discussed 23 times this quarter with enrolled clients, money management four times and job assistance four times.	31
Crib Distribution/ Sleep Safety Education	Enroll clients in the EWYL program Provide sleep safety information to clients Provide crib or pack n' play	4	Sleep safety information was provided 12 times to enrolled clients, and four cribs were given out.	12

Activity or Service	Activity or Service Description  Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Ultrasound	Offer limited ultrasound services to abortion vulnerable women who are 7-14 weeks along in their pregnancy Provide initial intake assessment and pregnancy counseling	2	Three ultrasounds were performed this quarter; 11 intakes in to the EWYL program were completed.	3
Provide Necessary Services to all clients	Provide initial intake assessment to determine need Provide women with information on, referral to and assistance with securing pregnancy support services Utilize resource database to provide information and make referrals	12	11 initial intakes and enrollments into the EWYL program were completed. Two more initial assessments were completed for women who were not enrolled in to the program. 155 visits were completed, with assessments for necessary services completed at each visit. 42 outside referrals were provided.	155
Provide Necessary Services Assessments Only	Provide initial intake assessment to determine need Provide women with information on, referral to and assistance with securing pregnancy support services	2	Two women were provided with assessments and referrals for other programs but were not enrolled in to the EWYL program.	2

Maternal and Child Health Initiative Task Force Strategies	No.
Number of women who received car seats and car seat safety education from a PA funded program activity	0
Number of women who received car seat safety education only from a PA funded program activity	5
Number of women who received child abuse prevention education from a PA funded program activity	5
Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity	5
Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity	4
Number of women who received sleep safety education only from a PA funded program activity	8

## **Challenges:**

Data entry has been a struggle for us, and I must say, after some changes to our forms and further training, it went well this quarter! We still have a few issues to iron out, but the process is going much better, with a more accurate picture of our services provided.

**Comments:**